



CRANBURY RECREATION COMMISSION  
 23A NORTH MAIN STREET  
 CRANBURY, NJ 08512  
 (609) 664-3130



TAI CHI – WINTER 2022-EARLY WINTER 2023

The Cranbury Recreation Commission will be sponsoring TAI CHI for Cranbury Residents. Tai Chi is an art that stresses slow breathing, balanced & relaxed postures and absolute calmness of mind. Classes will be conducted by Ms. June Counterman; she has been teaching Tai Chi for over 20 years and has studied with several Chinese Grand Masters including the head of the Yang family.

The classes will be held at the St. David’s Church on Tuesday mornings from December 6 to January 24 from 9:30 am - 10:30 am. Non-vaccinated individuals will be required to wear a face mask during the program. Vaccinated individuals will not be required to wear a face mask.

The fees are: Seniors \$55/Non-Seniors = \$65 There will no refunds once the program begins.

CRANBURY RECREATION COMMISSION  
 TAI CHI – Winter 2022 – Early Winter 2023  
 REGISTRATION FORM

Name \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Business/Emergency Phone \_\_\_\_\_

Date of Birth \_\_\_\_\_ E-mail \_\_\_\_\_

I, \_\_\_\_\_ do hereby consent to participate in the Tai Chi Program sponsored by the Cranbury  
Participant Name

Township Recreation Commission. I certify that I am in proper physical condition for safe participation. I understand and recognize that there is a risk of injury by participation in the program.

I agree to indemnify and hold harmless Cranbury Township, the Cranbury Township Recreation Commission, their agents and employees from any injuries I may sustain by participating in this program.

\_\_\_\_\_  
 Signed – Participant

\_\_\_\_\_  
 Date

\_\_\_\_\_ Total Fee Enclosed

Make all checks payable to CRANBURY RECREATION COMMISSION and mail to the above address.