

**MINUTES OF THE
CRANBURY TOWNSHIP
MUNICIPAL ALLIANCE COMMITTEE ON
DRUG ABUSE AND ALCOHOLISM**

January 17, 2023

TIME AND PLACE OF MEETING

The scheduled meeting of the Cranbury Township Municipal Alliance Committee was held on January 17, 2023 in the Township Committee Meeting Room, in Cranbury Township at 3:30 pm.

STATEMENT OF ADEQUATE NOTICE

Pursuant to the Sunshine Law, adequate notice in accordance with the Open Public Meetings Act (N.J. S. A. 10:4-6) was filed on January 7, 2023, of this meeting's date, time and place, the agenda was posted on the Township bulletin board, sent to any requesting personal notice, and filed with the Municipal Clerk.

CHAIRPERSON AND VICE-CHAIRPERSON NOMINATIONS FOR REORGANIZATION FOR 2023

Secretary Kathy Warnebold asked for nominations for Municipal Alliance Chairperson for 2023. Sasha Weinstein nominated Joann Charwin for Chairperson. As no other nominations were made, a roll call vote was conducted by Secretary to approve nomination for Joann Charwin as Chairperson.

ROLL CALL VOTE

Member Robyn Skeete – Yes
Member Sasha Weinstein – Yes
Member Andrea Kaplan – Yes
Member Liz Grimaldi – Yes
Member Ria Benerofe – Yes

Secretary Kathy Warnebold asked for nominations for Vice Chairperson for 2023. Andrea Kaplan Motioned to nominate Sasha Weinstein for Vice-Chairperson. As no other nominations were made, Secretary asked for a second Motion. Liz Grimaldi Motioned to approve Sasha Weinstein as Vice-Chairperson. All Members approved the nomination for Sasha Weinstein as Vice-Chairperson for 2023.

CALL TO ORDER

Sasha Weinstein filled in for Chairperson Joann Charwin in her absence. Sasha called meeting to order at 3:30 pm.

ROLL CALL

Answering present to the Roll Call were, Sasha Weinstein, Robyn Skeete, Andrea Kaplan, Elizabeth Grimaldi and Maria Benerofe. Joann Charwin, Erin Santise, Mike Owens and Anjali Joshi were absent. Liaison, Eman El-Badawi joined the meeting at 3:38 pm.

MINUTES

Sasha Weinstein asked for Motion to approve Minutes from the October 18, 2022 and November 15, 2022. Motion to approve both sets of Minutes was made by Andrea Kaplan. Motion to approve was seconded by Liz Grimaldi. All Members were in favor to approve October and November 2022 Minutes.

NON-MEMBERS IN ATTENDANCE

None

STUDENT REPRESENTATIVES REPORT

No Student Representatives were present at the meeting.

POLICE REPORT

Chief Owens was unable to attend the meeting.

LIAISON REPORT

BUDGET

Sasha had nothing to report on the 2023 budget.

OLD BUSINESS

Teen Mental Health First Aid – Sasha reported this program is for Princeton High School Sophomores only. According to Erika of PEI KIDS, the educator assigned to PHS, it is going very well. PHS students are engaged in the program. Program has been extended into January 2023 due to classes being cancelled. Once finished, Erika's company will conduct an exit survey to students for feedback and efficacy of the program for them. Results will come out early fall from TMHFA headquarters. We will get the results from Erika once it is released.

988 Mailing – Sent out week of November 12th. Student Council assisted with putting mailing together. Former Liaison, Evelyn Spann also assisted and Joann Charwin finished up last of the mailing. Positive feedback from community members has been reported.

Accomplishments for 2022 – Sasha read over a list prepared by Joann Charwin.

NEW BUSINESS

Penn Medicine Princeton Health Community Wellness Program – Maria (Ria) Benerofe spoke about her role in the Community Wellness Program. Her title is Program Associate with Princeton Hospital. She is glad to be a Member on the Municipal Alliance Committee. Some of what resources and tools the Princeton Health and Community Wellness Program and Ria provide include offering health and safety classes to the community, schools, private business and any other entities that may request programs and classes. Ria offered her services at the Health and Wellness Fair and other events in Cranbury. She passed out health magazine and offered her assistance if the Committee needed any. Sasha thanked her for speaking to the Committee and giving them insight on her role at Princeton Hospital.

National Drug and Alcohol Facts Week

Sasha opened discussion for ideas for 2023 Facts Week event. Decision was made to table discussion until February's meeting.

Health and Wellness Fair 2023

Sasha shared they are looking to create a sub-committee to help plan the fair and invited Members to volunteer if they are interested.

Goals for 2023

Sasha read over a list of goals that Joann prepared for the Municipal Alliance.

ON-GOING BUSINESS

Sasha announced the Municipal Alliance is still in need of two Alternates and said if anyone knows of someone who may be interested, to go on the Township website and complete the Volunteer Form.

PHS UPDATE

Sasha reported on upcoming Career Day on January 23rd for all students. There are 1500 students and 70 career presenters who signed up. It is a big project due to the sheer number of students. Career Day can help students with better mental health as they can get a head start on what they want to study and become before college or what type of career they could plan for: <https://www.princetonk12.org/princeton-high-school/phs/news/phs-news-stories/~board/princeton-high-school-news/post/princeton-high-school-career-festival-highlights-a-variety-of-paths-jobs-careers-and-passions>

Sasha shared that the high school opened a new wellness center so students have a place to go grab a snack or to relax for a while. Parents are supplying the school with snacks for the students. PHS PTO is organizing a Sign-Up Genius for the school: <https://www.signupgenius.com/go/20f044caeaf28a5f85-snacks?useFullSite=true#/>

DISCUSSION

Sasha asked if Members wished to discuss any other topics. Liz Grimaldi shared that Dr. Jen Diszler in the school is working on plans for the 125th Cranbury School Anniversary Celebration and had a question about possibility for Municipal Alliance to consider contributing towards the cost of food trucks. The celebration event is scheduled for April 30, 2023 from 10am – 3pm. Dr. Diszler has offered to attend the next Municipal Alliance meeting to discuss this further.

Sasha asked for any further comment.

Liz shared Joann Charwin provided a virtual yoga session for the teachers at the Cranbury School during their PD Day. The staff appreciated Joann offering the session as it was a nice and relaxing break for them. Also, Liz shared she and Robyn Skeete are working on creating a horticulture club for next year. They have scheduled a first meeting to begin working on the club.

PUBLIC COMMENT

None.

ADJOURNMENT OF THE MEETING

Ms. Weinstein asked for Motion to adjourn the meeting at 3:50 pm. Liz Grimaldi Motioned to adjourn. Maria Benerofe seconded the Motion. All in favor.

CERTIFICATE OF SECRETARY

I, the undersigned, do hereby certify, that I am the duly appointed Secretary of the Cranbury Township Municipal Alliance Committee on Drug Abuse and Alcoholism and that this document, consisting of 3 pages, constitutes a true and correct copy of the minutes of the meeting held on November 15, 2022.

Kathy Warnebold, Secretary

Approved Minutes February 21, 2023

