

**MINUTES OF THE
CRANBURY TOWNSHIP
MUNICIPAL ALLIANCE COMMITTEE ON
DRUG ABUSE AND ALCOHOLISM**

April 18, 2023

TIME AND PLACE OF MEETING

The scheduled meeting of the Cranbury Township Municipal Alliance Committee was held on April 18, 2023 in the Township Committee Meeting Room, in Cranbury Township at 3:30 pm.

STATEMENT OF ADEQUATE NOTICE

Pursuant to the Sunshine Law, adequate notice in accordance with the Open Public Meetings Act (N.J. S. A. 10:4-6) was filed on January 7, 2023, of this meeting's date, time and place, the agenda was posted on the Township bulletin board, sent to any requesting personal notice, and filed with the Municipal Clerk.

CALL TO ORDER

Chairperson, Joann Charwin called meeting to order at 3:30 pm.

Joann introduced new Alternate #2 Member, Diane Stanley. Ms. Stanley gave brief overview of herself. She is a retired Social Worker and enjoys working with children and adults. She is happy to be part of the Municipal Alliance and is happy to participate in school and community activities.

ROLL CALL

Present to the roll call by Secretary Warnebold: Sasha Weinstein, Anjali Joshi, Joann Charwin, Chief Mike Owens, Liz Grimaldi, Dr. Jen Diszler, Alt. 1 and Diane Stanley, Alt. 2. Student Representative, Chloe Yang was present. Members, Ria Benerofe, Robyn Skeete and Erin Santise were absent. Liaison, Eman El-Badawi was not in attendance.

MINUTES

Joann asked for Motion to approve March Minutes. Dr. Jen Diszler Motion to approve. Seconded by Anjali Joshi. All were in favor to approve March Minutes.

NON-MEMBERS IN ATTENDANCE

None

STUDENT REPRESENTATIVES REPORT

Joann asked Chloe if she had details for the upcoming Jamfest. Chloe is not involved in planning, but is working on other student projects for the 125th Anniversary. Joann thanked her for her input.

Joann shared an update relating to pick up and delivery of gaming tables for Jamfest. New World Van Lines has been for a long time as a courtesy, delivering gaming tables and then returning to the school afterwards to pick up the tables for a nominal fee of \$200.00. For many years, up until last year, they were storing the tables as well and charging no storage fee. However, as of 2021, they were no longer able to store the tables. Cranbury Police Department is storing them currently. As of 2021, New World Van Lines began charging \$300 for pick up from the Police Department with delivery to the school then return to the Police Department after the event. They quoted \$1,200 for pick up and deliver for the April 21st Jamfest. As that fee is not sustainable, Joann asked

for ideas on how to have the items moved going forward. Joann called New World Van Lines and they agreed to the fee of \$300.00 for one last time of pick up and delivery.

Chief Owens shared the Police Department will not be able to continue storing the gaming tables as they are large and very heavy. Joann asked Dr. Diszler if there was any room in the school for future storage. Chief Owens agreed to store tables for rest of this year however, alternative arrangements need to be made as they need to have access to their Community Room at the Police Department where gaming tables are currently stored. Sasha volunteered to make telephone calls to try and find future arrangements.

Discussion about future of using game tables and storage and delivery. Joann asked Chloe about popularity of gaming tables during Jamfest. Dr. Diszler will check to see if some equipment could be scaled back if not used that much then suggested an idea of the possibility of renting equipment. Sasha will ask Penny Ftikis to research rental companies of gaming equipment. After further discussion and ideas, Joann asked for ideas from Members on alternative storage and delivery options.

For National Drugs and alcohol Facts Week, Joann shared that Chloe prepared a PSA and will be preparing a handout to health teachers about the dangers of drugs. She thanked Chloe for her participation.

POLICE REPORT

Chief Owens shared the State Police helicopter and drug impaired goggles and golf carts will be at this year's Health and Wellness Fair. As there was nothing else to report, Chief Owens concluded his report.

LIAISON REPORT

Mrs. El-Badawi was not present at the meeting.

Joann shared the Township boards and committees are now reporting their goals and accomplishments at Township Committee meetings.

BUDGET

Joann shared there was nothing to report on the budget at this time.

OLD BUSINESS

-National Drugs and Alcohol Facts Week – 3rd Grade “Life Choices” Activity Book for Parents.

Dr. Diszler reported it was distributed and disseminated with the 3rd graders. Was well received.

ON-GOING BUSINESS

-Cranbury School 125th Anniversary (DDF Shirts missing '98 and '03)

Joann shared she is still looking for 2 shirts from above 2 years. Joann asked Dr. Diszler for input to share on anniversary event planning. Dr. Diszler shared they are busy planning all the events. She wanted to share they have a good location to place the Municipal Alliance table which is in front of 2 trees. A line will be strung across the trees to display past H&W Fair tee shirts for everyone to see. Dr. Diszler shared they are finishing up with organizing food trucks and making sure trucks finish their permitting process, ticketing for the dance is ongoing. Overall Dr. Diszler shared that everyone is taking a part to ensure the weekend is a success.

-Health and Wellness Fair

Joann gave update that she met with Sasha, Diane Stanley and two other community members to plan. All is coming together and there will be lots of fun things planned. Joann shared the tee shirt contest entry dates are 4/10 – 4/24 and is hopeful a lot of artwork entries are coming in at the school.

-PHS Update

Sasha shared there was a rally for former Principal Schmiel's return. Princeton BOE will convene with Mr. Schmiel to discuss reasons for his removal.

NEW BUSINESS

-Review Results from Teen Mental Health First Aid Program from PEI Kids

Joann shared there was positive feedback from the program. She provided a summary to the Board on statistics and feedback from PHS Students. She then asked for input and if Municipal Alliance would like to offer the Teen Mental Health Program again next year. Joann asked for roll call vote to pay for the same program for Princeton HS students in the Fall pending program fee.

ROLL CALL VOTE:	Joann Charwin – Aye	Sasha Weinstein - Aye
	Anjali Joshi – Aye	Diane Stanley, Alt #2 - Aye
	Liz Grimaldi – Aye	Dr. Jen Diszler, Alt #1 - Aye
	Chief Owens – Aye	

All present Members voted Aye to have same program in the Fall, pending costs.

-May 1st Virtual Speaker "What Parents Need to Know About Opioids-Guidance for Conversation" Dr. Omar Abubaker

Joann asked Liz for update on her telephone conversation with Dr. Abubaker. Liz reported it was a brief but good conversation as she shared information about Cranbury with Dr. Abubaker. He was receptive and interested. Dr. Abubaker's message is younger people are more vulnerable to substance abuse. Good program for parents so they know what to ask the doctors when child needs surgery.

Member, Liz Grimaldi excused herself from the meeting at 4:19 pm.

-Narcan (Naloxone) Training at Library

Joann shared the Mayor's Wellness Committee and Penn Medicine hoping to provide training on June 22nd. Chief Owens shared good timing for parents since kids are coming home from college.

-Speaker for Students and Parents – Dr. Matt Bellace "A Better High"

Joann attended his program on March 27th at Jackson Middle School. Dr. Bellace provided games, stories, activities. Message is to surround yourself with positive people. His program entails a combination of facts in science and he combines fun with strategies and music. He also discussed other coping mechanisms such as meditation and writing therapy. Joann has his book and asked the Board what they thought of having him speak to the students in the Fall. Dr. Diszler thinks it is a good way to start off the new school year. Joann asked Dr. Diszler to provide available dates for an assembly. Grades targeted are 6-8th along with parent program. Dr. Diszler asked about both students and parents in one day. Joann shared Dr. Bellace is local and will check but does not believe it would be an issue to provide two presentations in one day. Joann shared his programs are approximately 1 hour in length.

-Mayor's Wellness Committee – Putting Together Flyer on Senior Programs

Joann shared she and Liz discussed creating a survey for the senior community to gain their input on programs which may be beneficial to them. Liz disseminated some information from research and explained she went through survey Monkey to create 10 questions for the seniors. Goal will be to find out how they feel about programs, subject matter, do they attend any senior programs currently, and other information-gathering questions. An email with the survey attached will be going out to senior members of the community. Joann shared the survey will need to go out prior to Mayor's Wellness Committee Fall program. Prior to the survey

going out to the senior community, it must be approved by Township Committee. Joann thanked Liz for creating the survey.

-Speaker For Parents Dr. Kelly Moore (ACES)

Joann reported she and Robyn Skeete had a conversation with Dr. Moore and learned about her program. It involves how to teach kids to make good decisions and how to recognize early signs and symptoms of anxiety and where to go for help. Joann suggested due to busy schedules, to look towards next Spring to offer Dr. Moore's program at the library. Going forward, it will be necessary to look and plan programs well in advance.

-8th Grade – PHS Transition

Dr. Diszler shared the school has found a Speaker, George Scott who offers programs on school transitions for kids which she believes can really help them in moving to high school. Cranbury School is considering using him next year. They are currently working with their in-house Counselor and see how that turns out. Joann shared with Dr. Diszler another contact, Riva Levi (TAG Program) and provided Ms. Levi's contact information.

-Goals and Accomplishments for Upcoming Township Committee Meetings

Joann will speak to Liaison Eman El-Badawi about Municipal Alliance providing feedback at future TC meetings

-Additional Ideas to Promote Mental Health and Well-being for the Community

As there are so many ideas for programs and activities already in the works, no additional suggestions were offered at this time.

DISCUSSION

Joann asked if anyone wished to share any thoughts.

PUBLIC COMMENT

None.

ADJOURNMENT OF THE MEETING

As there was no additional comments or discussion, Joann asked for Motion to adjourn the meeting. Sasha Weinstein made motion to adjourn. Motion was seconded by Anjali Joshi . Meeting was adjourned at 4:40 pm.

CERTIFICATE OF SECRETARY

I, the undersigned, do hereby certify, that I am the duly appointed Secretary of the Cranbury Township Municipal Alliance Committee on Drug Abuse and Alcoholism and that this document, consisting of 4 pages constitutes a true and correct copy of the minutes of the meeting held on April 18, 2023

Kathy Warnebold, Secretary

Approved Minutes June 20, 2023