

# 15 Minute Child Break



**Co-Hosted By**  
Cranbury Municipal Alliance  
The Cranbury School  
Cranbury Police Department

**Thursday, March 25**

**@ 7:00 pm**

**ZOOM LINK:**

[https://cranburyschool-org.zoom.us/j/6856392177?  
pwd=TTV3cU95b0F5WnhjLOY4Tjk2MEdNQTO9](https://cranburyschool-org.zoom.us/j/6856392177?pwd=TTV3cU95b0F5WnhjLOY4Tjk2MEdNQTO9)

**MEETING ID: 685 639 2177**

**PASSWORD: Cr@nbury5#**

**Parents who talk to their children about their activities an average of 15 minutes per day have children who are 67% less likely to try marijuana.**

## **This Virtual Program will include:**

**15 Minute Parent Break Presentation:** Our Child Break presentation is a multimedia program that informs, encourages and empowers parents, grandparents, educators, coaches, and other adult caregivers on how to communicate effectively with children about the dangers of underage drug and alcohol use. Specific topics include: underage drinking & marijuana use, the opiate/heroin crisis, vaping & e-cigarettes, risk & protective factors, and specific strategies parents can use when talking with their children.

**New Legislation Update:** Information regarding the legalization of recreational marijuana and the new framework for individuals under the age of 21 who possess/consume any amount of marijuana or alcohol.

**Panel Discussion and Q&A:** Experts answer your questions regarding communicating with your children, the new marijuana legislation, and how it applies to individuals under the age of 21.

### **GUEST PANELISTS**

**Michael Owens** - Cranbury Township Chief of Police

**Dr. Sara Jane Ward** - Assistant Professor in the Center for Substance Abuse Research and Department of Pharmacology at the Lewis Katz School of Medicine at Temple University

**Bill Lillis** - Certified Prevention Specialist (CPS), Coordinator of the Partnership for a Drug Free NJ's Parent Education Program and the Partnership's Drug-Free Workplace Program

**Skip Bailey** - Author, Certified Life Coach, Speaker, Trainer, Certified Addiction Recovery Coach, former addict

**Robyn Skeete** - Cranbury resident, mother, student, former addict, Founder and CEO of Treehouse Community LLC, a project geared to decrease addiction relapse and suicide rates